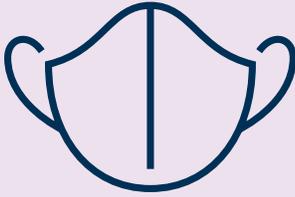
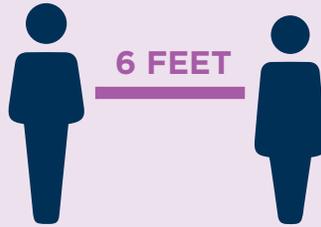


# Know Your 3 Ws!



## WEAR

a cloth mask  
over your nose  
and mouth.



## WAIT

6 feet apart.  
Avoid  
close contact.



## WASH

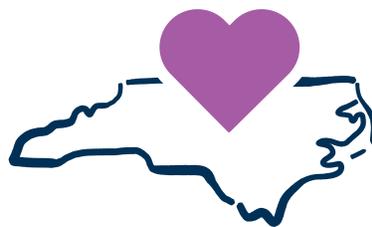
your hands  
or use hand  
sanitizer.

## STOP!

Do not enter if you  
have these symptoms  
of COVID-19

- Congestion or runny nose
- Headache
- Sore throat
- Nausea or vomiting
- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Diarrhea
- Fever or chills
- Muscle pain
- Fatigue

Staying apart brings us together.  
Protect your family and neighbors.



#StayStrongNC

Learn more at  
[nc.gov/covid19](https://nc.gov/covid19).



NC DEPARTMENT OF  
HEALTH AND  
HUMAN SERVICES